

Round Norfolk Relay

A certain member of this club, as perhaps a condition of running a long leg on the aforementioned relay, requested that her accompanying cyclist should have certain attributes. It is not clear whether these should be female or male, physical or mental.

However, there **is** a support team which is able to offer a considerable number of top quality assets ranging from food [excellent and endless] to political assessment of past and current affairs. We are able to offer specialists in discussion on the following topics – medical, fitness, food and diet, music, books, history, the past and future of the universe, Manchester United [if absolutely essential], Norwich City [preferable] and many, many more. Gossip and scandal is an additional special area for some of our team. It is perfectly possible for the runner to specify the topics to be covered, bearing in mind that some areas of discussion are only feasible on the longer sections of the relay.

We do offer a repeat service for slightly off-colour jokes and comments originating from the female members of the support team.

All of our team are excellent examples of the range of physical specimens of man and womankind currently gracing our club.

If you are not entirely persuaded by this wide range of options on offer, we do also provide the ultimate benefit if notified at least 3 weeks before the event – total silence.